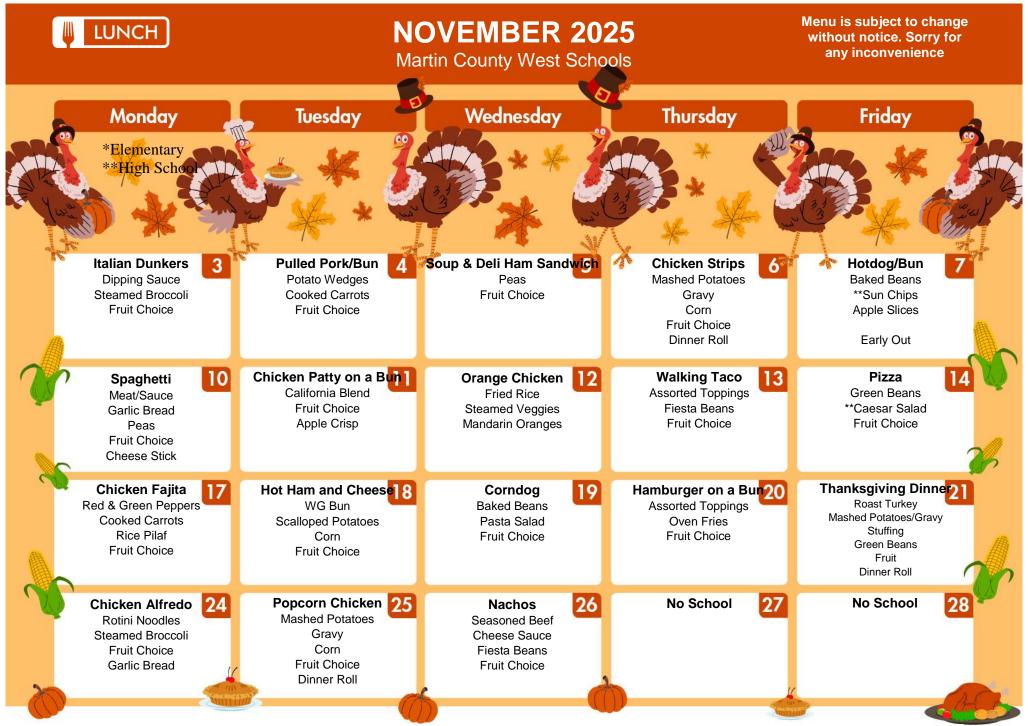
**NOVEMBER 2025 BREAKFAST** without notice. Sorry for any inconvenience Martin County West Schools **Tuesday** Friday Wednesday Monday **Thursday** \*\*High School Fruit & Yogurt Assorted Muffins **Breakfast Pizza Pancakes** Cinnamon Roll Fruit Choice Fruit Choice Fruit Choice Fruit Choice Granola Juice Choice Juice Choice Juice Choice Fruit Choice Juice Choice Milk Milk Milk Milk Juice Choice Milk Early Out Scrambled Eggs/Toast French Toast Sticks **Ham Croissant Assorted Donuts** Cereal Egg and Cheese Fruit Choice Fruit Choice Fruit Choice Fruit Choice Fruit Choice Juice Choice Juice Choice Juice Choice Juice Choice Juice Choice Milk Milk Milk Milk Milk Strawberry Cream Cheese Blue Berry Bubble Bread Frudel Bar **Biscuits/Gravy Pancakes** Bagel Fruit Choice Fruit Choice Fruit Choice Fruit Choice Juice Choice Fruit Choice Juice Choice Juice Choice Juice Choice Milk Juice Choice Milk Milk Milk Milk 24 Sausage Biscuit No School 28 Cereal Pancake on a Stick No School Fruit Choice Egg and Cheese Fruit Choice Fruit Choice Juice Choice Juice Choice Juice Choice Milk Milk Milk

Menu is subject to change



**Lunch Notes:** All breads are a minimum of 51% whole grain. Salad dressings are all fat free or light if available. Milks are low fat or fat free. Fresh and/or canned fruits are available every day. Fresh veggie bar available every day. Meals are free for students ONLY if they take the required components. A complete meal consists ½ C of fruit or veggie plus 2 more full meal components. If not taking a complete meal you will be charged ala carte prices. MCW is an equal opportunity employer.